

2015-2016 Newbury College Parent and Family Guide




NEWBURY
COLLEGE
BROOKLINE, MASSACHUSETTS

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Welcome from the Dean of Student Affairs

Dear Family Member:

I am excited that your student has chosen to enroll in Newbury College, and I am happy to welcome you to the Newbury community. The college is committed to providing an outstanding experience for all students and we have created this Parent and Family Resource Guide as a tool to help you identify and access services that will assist you in navigating the College system.

Our College is committed to your student's success as a learner and as a young adult and we realize that there are many new experiences ahead for both of you. Rest assured that we at Newbury College will do everything we can to make this experience a successful one. We want our students and their families to take advantage of the resources, the co-curricular and educational opportunities as well as the accessibility of the faculty and staff of the College. Please do not hesitate to contact any one of the resources listed in this guide if you have questions or concerns.

At Newbury, we strongly believe that family support is a critical factor in the success of a college student. The Parent and Family Guide is designed to help you provide that support. We look forward to wonderful years ahead, and we wish you and your new student the very best!

Sincerely,

Anne-Marie Kenney

Dean of Student Affairs

deanofstudents@newbury.edu

617-730-7158 (o)

617-396-7326 (c)

Mission Statement

Newbury College engages students in a career-focused education, grounded in the liberal arts, within a diverse and dynamic learning community. The College mentors students to become professionally competent, ethically aware, socially responsible, and prepared for lifelong learning. Committed to personalized and experience-based teaching, Newbury College inspires students to become independent thinkers, valuable collaborators, and global-minded citizens.

The Campus

Newbury students — who come from 26 states and 14 countries — join more than 300,000 students attending some 60 colleges and universities in greater Boston. This diversity offers a stimulating campus atmosphere and enriches the countless opportunities in the surrounding area.

Residence halls are integrated into a campus that represents a variety of architectural styles, including turn-of-the-century estates and a contemporary library complete with extensive computer capabilities.

Newbury's reputation for preparing highly marketable graduates for successful careers is linked to its campus location adjacent to Boston, a cosmopolitan city. Students are ideally situated to take advantage of significant internship and career opportunities in accounting, law, technology firms, retail businesses, leading medical centers, and some of the nation's finest restaurants and hotels.

Frequently Asked Questions Answered by the Dean of Student Affairs

What should I do if my student is homesick?

Whether a student lives in the residence halls or commutes, the transition can still be an awkward one. Resident students may feel homesick right away, not at all, or not have time to feel homesick until late September or early October. It is not unusual for students to be homesick, particularly as it is their first experience away from home. A casual conversation about their courses, new friends and/or their instructors is a good way to show support and encouragement.

Encourage your student's involvement in college activities. Attending educational, cultural, and social programs, especially in the beginning of the year, provides many new and rewarding experiences. Whatever the age or background, getting involved in student organizations, as well as attending events, will make your student feel more at home at college.

Can I get information about my student's grades, attendance or behavior on campus?

As a private institution, Newbury College reserves the right to notify a dependent student's parent or guardian in various situations that it deems appropriate. Such situations may include, but are not limited to, emergencies including physical or emotional health, academic and/or disciplinary problems of a serious nature, and situations in which the student's status at the College may be in jeopardy.

It is certainly understandable, especially if you are providing financial support, that you will be interested in seeing your student's grades. However, in compliance with the Family Education Rights and Privacy Act of 1974 (FERPA), information about grades is legally the possession of the student (regardless of who pays the tuition). FERPA is a federal law which requires the College to maintain the confidentiality of a student's educational records and is intended to be a safeguard against unauthorized release of information contained in a student's education records. FERPA applies to all enrolled students, former students, and alumni.

Both Early and Midterm Warning notifications include recommendations for appropriate actions on the part of the student, including a reminder about the College's support services. Final grades for the semester are posted to our NetHawk computer system for students to view as they are posted by their instructor. Please keep in mind that students must maintain satisfactory standards of academic progress in order to remain eligible for financial aid, participate in athletics, and live in college housing. For more specific information on these policies, please refer to the College Catalog.

Students may choose to waive their rights under FERPA by completing the FERPA Consent Form, available on the Newbury website (under Academics and then under Registrar) or from the Registrar's Office directly. A signed form allows the College to share information regarding grades, transcripts, academic standing, course schedules, and financial aid/student accounts with parents, guardians, or others as authorized by the student. Signed FERPA consent forms should be submitted to the Registrar's Office.

If you are concerned about your student's academic status or performance, feel free to contact the Associate Dean, Sara d'Anjou at 617-730-7059.

What kind of changes should I expect?

Both you and your student will go through some changes caused by the new experiences in your lives. Often, there will be changes in attitude and appearance. The key, as it was before they came to college, is to be open, accepting, and patient. Expecting that some changes will happen may better prepare you for when they do. Your student who leaves in September as your "child" will be striving more towards adulthood; this may be a challenge for both of you. A spouse of a student may find changes resulting from added pressure and insecurity. Encourage your student to seek support from the campus resources while also feeling free to get support for yourself as well.

How can I stay in touch with my student?

I encourage you to read the How to Stay Involved and Support Your Student section of this guide. Also, remember to ask your student how things are going. Ask your questions, but not too many. Your student needs to know that you care about what he/she is going through. Some students may resent interference with their new experience, but they still need to know that you are interested in them. Take cues from your student about how many and what kind of questions to ask. You know your student better than anyone, so continue to trust your judgment.

What do I say if my student gets frustrated?

Try not to worry - students are tested in many ways when they enter college. There are academic tests, relationship tests, even tests on doing things they have never done before such as their own laundry. The family is often a secure place for students to "vent" about their fears and problems. Be patient with the "nothing is going right" attitude. This is a common reaction in adjusting to the new demands. Your student will need time and encouragement to learn to cope with the complexities of college life. You provide a real service as an advice dispenser and sympathetic ear. If you become concerned with your student's behavior or general attitude feel free to call the Director of Counseling, Susan Chamandy, at 617-730-7157.

Ok, now what?

If you are a parent, especially if this is your last/only child to leave home for college, you may be feeling a similar void. Now may be the time to turn your attention from your child to you. You may opt to pursue new interests or renew old ones. As you share your interests, your student will be assured that you are "surviving" and will be able to continue his/her own growth.

If you are a spouse of a college student there will undoubtedly be a void in your life as the student leaves for the library or becomes immersed in studies. Now is the perfect time for you to enjoy some time to yourself, to pursue your own interests, take a class, visit friends, or take up a new hobby. You can grow as your spouse grows; both of you will be enriched and able to share your experiences.

Some of you may be breathing a sigh of relief! You've looked forward to the privacy, peace, and quiet. You don't need to be ashamed of that - but try not to rub it in. Above all, if you plan to redecorate your

student's room, talk to him/her first. It is your home but feelings can get hurt if there is a lack of communication.

How does the College communicate with students in the event of an emergency?

Newbury College uses an emergency notification system that is capable of getting messages to students via voice mail to a cell or land line telephone and text messaging to a cellular telephone and email. In the event of an emergency, a message will be sent to the community with pertinent instructions. In such a situation, a student may be directed to their Newbury College email account where they could receive more detailed information. The College also uses the Emergency Notification System to inform students of College closings or delays due to weather or, when able, to inform students of a class cancellation.

Students provide the necessary Emergency Notification System information to staff when checking-in for the semester and can update their information at any time through their Newbury College NetHawk account.

How to Stay Involved and Support your Student

Make a date for your student to come home for a visit

If your student is living away from home, encourage him/her to stay on campus for weekends, etc. Make coming home a special event that they can look forward to. Be sure to make a plan ahead of time for upcoming family holidays and special occasions.

Stay informed

Make a phone or email date with your student. Students, though they may be in frequent contact during the first week or two of school, will become busy. Many students appreciate a time each week when they know to expect a call from home. This is a great opportunity for you to ask how their classes are going and what kinds of activities they are involved with.

Attend campus events

There are several campus events that are wonderful ways to connect with what your student is doing on campus.

Grand Buffets are open to the public and are a perfect way to see your student while enjoying some fantastic food. Twice a semester our production kitchens come together to present an elaborate feast including hors d'oeuvres, ice carvings, breads and rolls, classical cuisine, and special desserts and pastries. Grand Buffets have an all-inclusive price of \$10 per person (\$5 for students.)

The Lois and David Weltman Dining Room is a great on campus opportunity to see your student. An a la carte international lunch is prepared and served by the culinary faculty and students Monday through Thursday from 11:45 AM to 12:30 PM. There is one seating at 6:15 PM for the contemporary/classical cuisine which is served evenings Monday through Thursdays. Reservations are required for dinner and recommended for lunch. The reservation phone number is (617) 730-7037.

Athletics at Newbury is yet another exciting way to get involved! The college has 13 athletic teams. You can find more information and a schedule of events at www.newbury.edu and then click on the "Athletics" link.

Library Gallery displays work of faculty, community artists or student work. It's a nice place to meet and browse... perhaps followed by a cup of coffee at the Nighthawk Café.

Student Life at Newbury

First Year Experience

The First Year Experience (FYE) at Newbury College is a comprehensive set of academic, social, and educational programs designed to integrate new students into the academic and cultural community of the College. Utilizing a student centered approach, the goals of FYE are to provide resources and assistance in the transition to college, and to provide students with the skills that will help them succeed throughout their academic careers. Students will connect from day 1 with upper-class peer mentors, working alongside dynamic first year academic advisors and engaging faculty members.

College Policies

Newbury College is committed to standards that ensure a quality education for students. These standards are of importance to the College environment to protect the safety and rights of all students. We require all students to honor and abide by these policies throughout their Newbury College careers. Civic responsibility, respect, civility, and nondiscrimination are integral to the college policymaking. All college policies are written in detail in the Student Handbook, found at <https://www.newbury.edu/studenthandbook/>.

The College takes very seriously issues of sexual assault, sexual harassment, and relationship violence. Recognizing every community member's right to a safe environment in which to learn and grow. Newbury College does not tolerate sexual harassment, sexual assault, or relationship violence in any form. The policies, strictly enforced, are detailed in the Student Handbook which is also available on the College's website. Also detailed in the Handbook are the College's Emergency Procedures, its policy on gambling as well as the policy related to hazing.

Drug and Alcohol Policy

The possession or use of alcohol or illegal drugs by students on campus is strictly prohibited, regardless of the student's age.

Public intoxication is also prohibited on campus, regardless of a student's age or status as a commuter or a resident student. In the event a faculty or staff person suspects a student to be in an intoxicated state, that student may be asked to leave the College facility or an off-campus College event immediately. Any student given such instructions is required to immediately comply or face additional and more severe disciplinary sanctions.

College Student Conduct Process

Any student who violates a fundamental College policy or regulation will face disciplinary action. The Assistant Dean of Students will act as the Chief Hearing Officer, and the Dean of Student Affairs will act as the Chief Judicial and Appeals officer for all students of the College. The College Judicial Process is explained in detail in the Student Guide.

College Closing

It is expected that the College will be open and operating on all days scheduled in the College calendar. However, in those rare instances when the College will be forced to delay or suspend classes due to extremely severe weather, an announcement will be made through the college's emergency notification system and on area radio and television stations as soon as possible. Students should listen to WHDH (850 AM), WBZ (1030 AM), or WRKO (680 AM). Delays and closings are announced on television channels 4 (CBS) and 5 (ABC).

Campus Safety & Transportation

Dan Amorim, Director, dan.amorim@newbury.edu, 617-730-7018

The Campus Safety Department is located in the lobby of the Student Center, 129 Fisher Avenue. The mission of the Campus Safety Department is to strive to provide the College with a safe, secure, comfortable environment. Duties include insuring the safety of the people and property of the Newbury College Community. Campus Safety officers are available to handle on-campus emergencies, crime prevention services, on campus escorts, and "Lost and Found."

Campus Safety can be reached twenty-four hours a day at (617) 730-7160 at the Brookline Campus.

The Campus Safety Department administers the student ID program for full-time Day students. The student photo identification card is issued during the Orientation period, and is a permanent means of identification while enrolled at Newbury College.

The College provides a shuttle service throughout the day from the Brookline Campus to the Reservoir MBTA station. The shuttle schedule is posted on bulletin boards throughout the College and operates only when the College is in session.

Campus Mail Room

617-730-7180

Mail is distributed to resident students through the Campus Mail Room located in the lower level of West Hall. Students are assigned a mailbox when they move into the residence halls. Mail should be addressed to the student at: Name, Student Box #, Newbury College, 129 Fisher Avenue, Brookline, MA 02445. Each resident student is responsible for contacting all companies and individuals regarding his/her forwarding address for the summer or upon graduation.

Center for Academic Services

Sara d'Anjou, Associate Dean, sara.danjou@newbury.edu, 617-730-7059

Roslyn Abukasis, Academic Counselor, roslyn.abukasis@newbury.edu, 617-730-7109

Nidhal Newash, Academic Counselor, nidhal.newash@newbury.edu, 617-730-7022

The Center for Academic Services offers a variety of academic counseling and learning support programs. The Center oversees all aspects of academic advising, including adherence to program requirements, course substitutions, transferability of courses for current students, and academic

reinstatement. In addition, professional staff and trained peer tutors hold both individual and small-group tutorial sessions in all subject areas.

Specialized services are available to students, including provisions for alternative testing and guidance in the development of efficient learning strategies. The Center also directs several academic support initiatives, including academic counseling programs, special programs for students on probation, and guidance for those who have not declared a major. In addition, this office administers and coordinates the College's placement examinations. Students regularly using the Center for Academic Services have noted improvement in the quality of their learning, increased confidence in their ability, and positive changes in their academic performance.

Career Services & Internship Placement

Sara Sheckells, Director of Career Services & Internship Placement, sara.sheckells@newbury.edu, 617-730-7072

The support services and resources available through the Newbury College Career Services and Internship Placement Center are available to students as they enter the institution and remain accessible as students become alumni.

Among the offerings are: an annual career fair, career counseling, cover letter and resume writing assistance, graduate school information, in-class workshops and presentations, internship and job leads, interview readiness, Newbury e-Recruiting and on-campus recruiting.

All Newbury students are required to complete at least one internship for academic credit. Students work in conjunction with their Program Director and the Director of Career Services to identify appropriate internship sites to apply to and interview with. Student interns will be supported by a site supervisor and a member of the College faculty through the duration of their placement.

Office of Financial Assistance

Jenny Aguiar, Director of Financial Aid, jenny.aguiar@newbury.edu, 617-730-7100

Dameka Halfkenny, Associate Director, dameka.halfkenny@Newbury.edu, 617-730-7126

The Financial Aid Office offers individually tailored options for financing a Newbury College degree to all qualified applicants. The staff is available to guide students and their families through the entire financial application process. The office also administers the Federal Work-Study program.

Federal Work Study: This program provides work opportunities to students meeting financial need requirements established by the federal government. Students are employed either by the College; a federal, state, or local agency; a private organization, or a community service organization. The Financial Assistance Office of the College will notify eligible students of the qualifications for this program. Students who wish to apply for the Federal Work Study program must file a Free Application for Federal Student Aid to be considered for employment through this program.

Student Accounts Office

Kathy Boudreau, Accounting Manager, kathy.boudrea@newbury.edu, 617-730-7080

Lorraine Bucchino, Student Accounts Counselor, lorraine.bucchino@newbury.edu, 617-730-7225

Family members with any questions concerning their student accounts should contact this office. The Student Accounts Office will assist families throughout the billing process and can arrange a monthly installment payment plan to meet your financial obligations here at the College.

Student Affairs

Anne-Marie Kenney, Dean of Student Affairs, annemarie.kenney@newbury.edu, 617-730-7158

If you have a question, concern, or need help solving a problem, any of the offices that make up the Student Affairs Division would be a good place to start.

The mission of Student Affairs is to provide an optimal campus environment to enhance students' ability to learn, both in and outside of the classroom. The department of Student Affairs is an active partner in the educational process at Newbury College. Members of the Student Affairs staff support and facilitate the development of an educational community dedicated to learning, cooperation, the development of personal skills, and ethical standards of behavior.

Dean Kenney is the primary advocate for Newbury College students. She counsels students on academic, personal, and professional matters and serves as an advocate for interests and concerns affecting the quality of student life at Newbury. Together with the members of the staff, she coordinates and supports a range of student services, programming, special events, including: Campus Activities, Community Service, Commuter Student Outreach and Support, Community Standards, Counseling and Health Education, First Year Experience and Orientation Programs, International Student Services, Leadership Development, and Residence life. Additionally she oversees campus retention initiatives, the Students of Concern campus committee, and is the first point of contact for the leave of absence or college withdrawal processes.

Counseling and Health Education

Susan Chamandy, Director, susan.chamandy@newbury.edu, 617-730-7157

A professionally-qualified counselor is available to meet with students about any personal issues or concerns, and to educate on matters related to health and wellness. The counselor also consults with student groups, faculty, and others within the Newbury community. Individual counseling is available to help students define goals, identify problems, heighten understanding, develop strategies for change, and reach their potential. The counselor is sensitive to working with issues of ethnicity, religion, sexual preference, gender, physical capacities, and learning disabilities.

All programs, workshops, and presentations are oriented toward building successful strategies for personal growth and a healthy lifestyle.

Health Issues and Insurance

Student Immunization Verification

Student Immunization Verification: Massachusetts law requires that all students carrying 9 credits or more present medical evidence of immunization against measles (two doses required), mumps, rubella, diphtheria, tetanus diphtheria, and hepatitis B (3 doses required) and meningitis (or a waiver of this immunization). A Newbury College Student Immunization Form, signed by a health care provider, must be completed and on file with the College in order to officially register for classes.

Re-release of Medical Records

Newbury College's policy is to not release any medical or immunization records to either a second institution or to the student who initially submitted the documentation. We recommend that the student make a personal copy prior to submitting the form or re-visit the medical provider who completed the health form.

Health Insurance

Massachusetts law requires all students at institutions of higher education in Massachusetts to have adequate health insurance. The law applies to all students who are registered for 9 credit hours or more at the College in either the fall or spring semester. Newbury College offers a health insurance program that meets the minimum benefit level required by the state.

Because this is an insurance plan and not a health plan, Newbury College recommends that students with on-going health concerns consider purchasing supplemental insurance coverage from an additional provider.

All students are billed for health insurance. However, if a student is covered by another health insurance plan that provides benefits comparable to this plan, the fee will be waived upon visiting www.gallagherstudent.com/Newbury and following the instructions to waive the College's health insurance plan. If your insurance company or provider requires an official letter from the College stating that your student is at full time status, please contact the Registrar's Office at 617-730-7111.

Please visit www.gallagherstudent.com/Newbury to review the College's medical plan or contact Gallagher Student Health Insurance at 1-844-288-4912 or via email at Newburystudent@gallagherstudent.com

Medical Referral Services

Newbury College students have access to a wide range of general and specialized health care services in the Boston area. Four major hospitals and several clinics offering specialized care are located near the Brookline campus. For those students having health coverage through the College, a Preferred Provider Directory, which lists affiliated doctors and treatment centers, is available in the Dean of Student Affairs Office, the Residence Life Office, and the Center for Counseling and Health Education. For emergency care, the College utilizes the services and facilities of Beth Israel/Deaconess Medical Center.

Non Emergencies

When a student is experiencing symptoms that are not of an emergency or life-threatening nature, staff can help students find a medical facility or clinic.

Emergencies

In the event of a medical emergency, the attending College official responds by summoning an ambulance, which transports the student to Beth Israel/ Deaconess Medical Center.

Local Urgent Care Centers

Knowing where nearby facilities are and how to get to them can help alleviate some worries in the event that a student does become ill while at Newbury.

Beth Israel Deaconess Urgent Care at Chestnut Hill

200 Boylston Street, 4th floor
Newton, MA 02467
Phone: 617-278-8500

Walk-ins or referrals service hours
Monday - Friday, 11:00 AM to 9:00 PM
Weekends & some holidays, 9:00 AM to 7:00 PM

Partner's Urgent Care - Brookline, MA

1285 Beacon St
Brookline, MA 02446
(Just down the street from Trader Joe's in Coolidge Corner)

Walk-ins or referrals service hours
Daily 9:00 AM to 9:00 PM

Local Pharmacies

CVS Pharmacy
1927 Beacon Street
Brighton, MA 02135
(617) 738-6820

CVS Pharmacy
1322 Beacon St
Brookline, MA 02446
(617) 731-4410

International Student Services

The College has two trained professionals who assist the international student population.

**Primary Designated School Official: Jennifer Forry, Assistant Dean of Students,
jennifer.forry@newbury.edu, 617-713-5901**

**Primary Designated School Official: Anne-Marie Kenney, Dean of Student Affairs,
annemarie.kenney@Newbury.edu, 617-730-7158**

Intercollegiate Athletics

Jonathan Harper, Director of Athletics, jonathan.harper@newbury.edu, 617-730-7091

As a member of the National Collegiate Athletic Association and the Eastern Collegiate Athletic Conference, Newbury College offers 13 varsity teams. Varsity sports include soccer, volleyball, basketball, cross country, tennis, and softball for women, and soccer, basketball, cross country, tennis, volleyball, baseball, and golf for men.

It is the philosophy of Newbury College that athletics are a part of the overall educational experience. Athletics at Newbury seeks to promote, stimulate, and encourage health and fitness through competitive opportunities. In order to compete at the intercollegiate level, a student athlete must be a full time baccalaureate student in good academic and judicial standing at the College and must meet all guidelines as established by Newbury College and the NCAA.

Newbury College Library

Anthony Viola, Director, anthony.viola@newbury.edu , 617- 730-7070

www.newbury.edu/library

The role of the Newbury College Library is to provide its community, not only its immediate informational needs, but with life-long learning skills as well. To this end, the Library will actively participate in the educational mission of the College through the collection and dissemination of information resources and through educating users to locate, evaluate, and apply information to their educational, career, and individual objectives.

Online Bookstore

1-800-325-3252, www.newbury.edu - Click "Online Bookstore"

Newbury College partners with MBS Direct to provide distribution of textbooks and related materials to students. MBS Direct, LLC, is a wholly-owned subsidiary of MBS Textbook Exchange, Inc., which is the largest used book wholesaler in the nation. They provide students with fast, accurate and convenient methods of ordering course materials, including online ordering.

Students can pay for books with all major credit and check cards, through student financial aid, with personal checks by mail and with money order by mail.

Students can order books for the semester 3-4 weeks prior to the class start date. All orders are shipped within 24 hours of receipt, excluding weekends, unless specifically noted during the checkout process.

MBS Direct has one of the nation's largest buyback programs. Students have the opportunity to sell their books back to MBS Direct if their books are in demand from any of MBS's partner schools.

Office of Residence Life

Jennifer Forry, Assistant Dean of Students, jennifer.forry@newbury.edu, 617-713-5901

John Mayo, Assistant Director of Residence Life, john.mayo@newbury.edu, 617-730-7156

Stephany George, Area Coordinator, Stephany.george@newbury.edu, 617-738-2487

While much of a student's education takes place in the classroom, every area of the educational community contributes to the learning process. The Residence Life Program is a critical element in the total learning and personal growth experience. The Residence Life Program provides a supervised living and learning environment that is supportive of and conducive to the maximum growth of all residents.

The Brookline residence halls offer students housing in a suburban setting convenient to the College's classrooms. On the Brookline campus, students are housed in Weltman Hall, in the Mitton House, and in Edwards Hall. In addition to the Brookline residence halls, housing is also offered at Brookline Manor, Carlton House and Audubon House. The satellite campuses are within a 2.5 mile radius of the main campus. Transportation to and from the main campus is available through the College shuttle service or the Boston MBTA system.

Residence Life Staff

Stephany George, Area Coordinator (Brookline Manor, Carlton and Audubon Houses)

John Mayo, Assistant Director (Weltman Hall, Edwards Hall, Mitton House)

The residence halls have live-in, professional and student staff who are charged with the responsibility of promoting an environment conducive to the growth and personal development for each resident student. The resident staff has the responsibility and the authority to enforce the terms and conditions of the License Agreement for Residence Service signed by each occupant, as well as the conditions of residency stated herein. Refusal to comply with the reasonable requests of staff members is grounds for suspension or dismissal without refund of room and board. Residents are expected to treat student staff and professional staff persons with appropriate respect at all times.

Room Assignments/Changes

Incoming first year and transfer students will receive rooms and roommates through direct assignment by the Office of Residence Life. Returning sophomores, juniors and seniors will have the opportunity to participate in a Housing Selection Process at the end of the Spring semester. Through this process

second year students may choose rooms and roommates on the basis of availability. The College reserves the right to make room changes at its discretion.

To the extent that alternative rooms are available, students' requests for room transfers will be acted upon during specified times. All room changes must have the written approval of the Assistant Director of Residence Life. For administrative purposes, room changes are not allowed during the first two weeks of the semester. Students who change rooms without the proper authorization will be subject to disciplinary action. Students should contact their Resident Director for the proper room change procedure. Depending on capacity issues, room changes are not guaranteed. The Residence Life staff will assist any roommates who experience a conflict by mediating the issue with the residents involved.

Vacations/Closings

All students must vacate the residence halls when not attending classes full-time and/or during the College recess periods. It is strongly suggested that students verify closing dates prior to making travel plans. International students may seek special permission to stay in residence during these recesses, but in that event may be subject to additional charges and temporary reassignment. The residence halls close in November for Thanksgiving, December for semester break, March for Spring Break and in May for the end of the academic year. The Office of Residence Life will properly inform all students of residence hall closings.

Office of Student Involvement

Katie Collins, Coordinator of Student Involvement, kathryn.collins@Newbury.edu, 617-738-2495

At Newbury College, students are offered a range of learning opportunities both in and out of the classroom, which encompass educational, professional, social, and community service activities.

The Office of Campus Activities of Newbury College promotes student development through social and educational programs, campus events, and leadership opportunities. Students are encouraged to join existing student organizations and to start new ones. During the first weeks of school, members of student organizations advertise their meeting times and locations so that interested students may join. Any student interested in starting a new club can pick up a copy of the Student Organization Handbook at the Office of Campus Activities in the Student Center (SC112) and arrange to meet with the Dean of Student Affairs or Coordinator of Campus Activities who oversee all student organizations.

- Alternative Spring Break & Community Service
- Anime Club
- Campus Activities Board
- Class Councils
- Commuter Council
- Fashion Forward Club
- Games Club
- Graphic Design Association
- Hawktalk
- Healthcare Club
- Hockey Club
- Interior Design Club
- Multicultural Student Organization
- Newbury Players: Improv Troupe
- Newbury Radio
- Newbury Voices
- Pride Club

- Psychology Club
- Residence Hall Council
- Sign Language Club
- Step Team
- Student Athletic Advisory Council
- Yoga Club

The College's Campus Activities Coordinators plan and organize the college's community service efforts including Habitat for Humanity, blood drives, and outreach to the Greater Boston community. Students may join an existing volunteer effort or meet with a coordinator to create a service project that fits their interests.

Limiting Communication When Sending Kids Off to College

Barbara K. Hofer, Ph. D – Author, Professor

All over the country, recent high school grads are planning their great exodus from home, thinking that relative freedom from parental intervention is about to begin. In the age of the electronic tether, they might be in for a big surprise.

Using cell phones, texting, Skype, email, and every new technological advance available, parents and their college students are staying connected at unprecedented levels. No more the payphone in the hall, the weekly check-in, or the monthly call for money. Some parents now expect to know the details of college life as it unfolds, and to offer advice on all aspects of it -- and to intervene with college officials when their child is upset over a roommate squabble, a grade, or coach's benching. What our research shows, as reported in *The iConnected Parent: Staying too Close to Your Kids in College (and Beyond) While Letting them Grow Up* (Hofer & Moore, Free Press, 2010) is that this involvement comes with a price.

When we surveyed students the month before they left from college, they told us they planned to talk once a week. When we surveyed them during the college years, we found they were communicating 13.4 times a week on average, a rather startling difference, and this varied little by year in college or by type of school, whether a small liberal arts college or a large research university. Most importantly, we found that the more they talk to their parents, the less independent and autonomous students they are.

Not long ago when kids left for college they learned to call the shots in their own lives, but not so anymore. In our research studies and interviews, students told us of parents who collect their syllabi and call to remind them when papers are due, call to wake them up on exam days, and remind them to eat and sleep and do their laundry, just like they did at home. Most disturbingly, one in five students reported that their parents proof and edit their college papers -- all too easy with "tracking changes". Technology has created a seamless connection between home and college, for better and for worse. Although many students often report a strong closeness to their parents, often they are not learning the very skills that parents are paying dearly for them to develop. In well-meaning attempts to help, parents may be undermining psychological and academic growth.

Families who want to support progress toward adulthood during the college years might want to think about how often they plan to communicate when kids leave home -- and how. Staying connected in a healthy way is critical to psychological development during the period of emerging adulthood, as is learning to navigate more autonomously. This delicate balance may be harder to find in a digital age, and needs mindful attention.

A few tips:

- 1) Talk with your son or daughter about how often you will communicate before they leave home this fall.
- 2) Allow them space to initiate contact with you. (The least happy students in our studies were those whose parents controlled the frequent calling.)
- 3) Listen and reflect back, rather than rushing to solve.

- 4) Encourage problem solving skills.
- 5) Teach help-seeking skills and encourage the use of college resources. ("What does your advisor think?" "Have you talked to the professor about how you did on the exam?" "Maybe the dorm's resident adviser would have some ideas about how to deal with your roommate?")
- 6) Use non-controlling language -- avoid "should", "must", and "have to".
- 7) Defer judgment.
- 8) Celebrate developing independence.

The good news is that there are many parents who have figured out how to step back a bit during these years, foster healthy autonomy, and communicate regularly but not obsessively. These are the ones with kids who are taking care of their own responsibilities, monitoring their own academic work, and who are happiest with the college experience -- and with their relationships with their parents.

Parenting a Commuter Student

You can help your student get the most out of college life with the following tips:

Encourage involvement. Students who are more engaged on campus tend to stay and finish their degrees more than those who feel on the fringe of things. So, encourage your student to visit that free workshop at Career Services, attend the informational meeting at the Campus Center, or to check out one of student organizations on campus. Trying things outside the classroom can help your student feel more a part of campus life.

Don't expect to see a lot of your student. Your student will have a full plate with school, work and other involvements. So, if he or she doesn't come home for dinner, maybe it's because a classmate invited him out for a bite. It's important that your student is making those campus connections.

On-Campus Jobs: Most commuter students work, but there are benefits to working in a Federal Work Study position. Even if wages are less than they could earn off campus, the support of college-based supervisors and the time on campus are beneficial.

Provide a quiet, comfortable place to study. College studies require more time and effort than high school ever did. Your student may be spending several hours of study time for every hour that he or she is in class. Your student will need time and space to study effectively, without interruptions.

Support your student's efforts. If he or she is participating in the Newbury Voices, go to their concerts. Attend athletic events, programs that they helped coordinate, or conferences he or she worked on, because your support means a great deal, even if your student doesn't always show it.

Stay involved. Get to know more about the activities your student has gotten involved in so you stay connected to your student.

Encourage your student to find a commuting partner. Students who carpool with classmates will meet new friends, have a more enjoyable commute and feel more connected to Newbury.

Parenting a Resident Student

By encouraging your student to be independent in this new chapter of their life you will allow them to develop and learn to handle issues on their own. There are a few words of advice when it comes to helping your student through this transition.

First, encourage your student to address roommate issues at the outset and continue to openly communicate with their living mates. This will lead to more cooperation in their daily life and fewer obstacles down the road. If your student expresses a problem regarding a roommate ask them, “Have you talked to your roommate about this issue and tried to develop a compromise?” Encourage this open discussion before suggesting a room change. This will allow the student to develop crucial conflict communication skills. By taking the initiative to discuss guests, student study habits, music, food, and sleep times, your student will develop more understanding of their roommate—and vice-versa.

Express the importance of getting to know their Resident Assistant (RA) an upper-division student that lives in your student’s community. The RA is there for each student, 24 hours a day, and 7 days a week. No matter the problem, academic, social, or adjustment, the RA is a great resource.

Encourage your student to take full advantage of the benefits of living on campus. There are weekly programs that serve as healthy and safe opportunities for your student to socialize and learn. There are leadership positions available that will give them decision making power in the residence halls. Perhaps most importantly there are friends around each corner to help your student be socially successful and provide a peer support network that will lead to a rewarding student life experience.

Glossary of Academic Terms for First Year Parents

Academic Advisor:

A professional staff person or faculty member who serves as a mentor and guide for college students as they progress through college.

Academic Dishonesty:

Covers a range of offenses including plagiarism, cheating, and copying assignments. All are serious offenses that may result in failing the course, being placed on academic probation, or being dismissed from the institution.

Academic Probation:

Temporary dismissal or threat of dismissal for failing to achieve or maintain a specific level of academic performance.

Add/drop:

To make changes to a student's schedule by adding or dropping courses during the first week of each semester.

Course registration:

The process of enrolling in college courses.

Elective:

A college course that the student has some choice in determining. Some restrictions apply according to major.

FERPA (Family Educational Rights and Privacy Act of 1974):

A federal legislation in the United States that protects the privacy of students' personally identifiable information (PII). The act applies to all educational institutions that receive federal funds.

First-Year Experience (FYE):

A comprehensive set of academic, social, and educational programs designed to integrate new students into the academic and cultural community of the College.. FYE covers a variety of interest areas and connects students to people, places and resources of the college.

Pre-Requisite:

A college course that covers foundation material that is required before higher level courses can be taken.

Registrar:

Person who processes and maintains student transcripts and other official records affiliated with student attendance and accomplishments.

Residence Hall:

College operated buildings where students live and study. In the past, these residential facilities may have been referred to as dormitories. By definition a dormitory is a place for eating and sleeping only. A residence hall operates with an educational and holistic philosophy that works to positively impacts students during their formative college experience and help prepare them for community living outside of Newbury.

Syllabus:

An outline of the course provided by the professor on the first day of class detailing professor expectations, course requirements, and methods of evaluation.

Transcript:

The compilation of courses taken and grades received during the student's college career.

Important Numbers

Academic Support - tutoring, academic counseling, disability issues

- Sara d'Anjou 617-730-7059
- Roslyn Abukasis 617-730-7109
- Nidhal Newash 617-730-7022

Athletics

- Jonathan Harper 617-730-7091

Campus Safety

- Dan Amorim 617-730-7018

Counseling - adjustment issues

- Susan Chamandy 617-730-7157

Career Services – resumes, internships, career counseling

- Sara Sheckells 617-730-7072

Financial Aid - student loans, work study

- Jenny Aguiar 617-730-7188

Food Services - meal plans, bonus points

- Sean Sturgis 617-730-7128

Residence Life - residence hall issues, health insurance questions

- Jennifer Forry 617-713-5901
- John Mayo 617-730-7156

Registrar - academic records

- Rachelle Mazza Borrelli 617-730-7111

Student Accounts - billing

- Kathy Boudreau 617-730-7080

Student Affairs-dean of students

- Anne-Marie Kenney 617-730-7158

Student Involvement - involvement, community service

- Jennifer Forry 617-713-5901
- Katie Collins 617-738-2495

Newbury College Calendar 2015-2016

Fall 2015

August 5 – 28	ONLINE Check-In for Returning Registered Students
August 28	Move-In for New Incoming Resident Students
August 29 – 30	Nighthawk Welcome for New Incoming Students
August 31	Day, Evening and Online Session I Classes Begin
September 12	1st 7-Week Weekend Classes Begin
October 12	Columbus Day Observed, No Classes
October 28	2nd 7-Week Weekend Classes Begin
October 31	Evening and Online Session II Classes Begin
November 2 – December 4	Advising & Registration for Spring 2016 (Day Students only)
November 11	Veteran's Day, No Classes
November 25 – 29	Thanksgiving Holiday Observed, No Classes
December 11	Last Regular Meeting of Day Classes
December 12	Weekend Classes End
December 14 – 18	Day Classes Final Exam Week
December 17	Evening Classes End
December 18	Day Classes End

Spring 2016

January 4 – 15	ONLINE Check-In for Returning Registered Students
January 18	Martin Luther King, Jr. Day
January 19	Day, Evening and Online Session I Classes Begin
January 30	1st 7-Week Weekend Classes Begin
February 15	President's Day Observed, No Classes
March 7 – 13	Spring Break, Day, Evening, Online & Weekend Classes
March 21	Evening and Online Session II Classes Begin
April 2	2nd 7-Week Weekend Classes Begin
March 26 – 27	Easter Weekend, No Weekend Classes
March 28 – April 27	Advising & Registration for Fall 2016 (Day Students only)
April 18	Patriot's Day, No Classes
May 2	Last Regular Meeting of Day Classes
May 3	Reading Day, No Day Classes
May 4 – 10	Day Classes Final Exam Week
May 7	Weekend Classes End
May 10	Day Classes End
May 11	Evening Classes End
May 15	Graduation